ESSENTIAL RESOURCES FOR REHABILITATION NURSING CARE

- Acute rehab
- Home health
- Case management
- Skilled nursing facilities
- Post-acute
- Academic settings
Resources Developed by ARN, A Source You Know and Trust

The Specialty Practice of Rehabilitation Nursing: A Core Curriculum (7th ed.)
Cheryl A. Lehman, PhD RN CNS-BS RN-BC, Editor
List: $215  Member: $140  Item: 2078-258
This must-have resource is newly revised with 6 new chapters and is perfect for nurses new to rehabilitation, those studying for the CRRN exam, and nurse educators.

Standards and Scope of Rehabilitation Nursing Practice (6th ed.)
List Price: $34  Member: $25  Item: 2069-263
This essential reference outlines standards of practice for rehabilitation nurses as well as the roles, settings, and education for nurses at all levels.

Rehabilitation Nursing Concept Cards
List: $30  Member: $25  1 set of 10 cards
List: $75  Member: $60  5 sets of 10 cards  Item: 2056-240
Share important concepts with new hires and float nurses or reinforce your existing staff’s knowledge with these pocket cards. They include descriptions, signs, symptoms, and interventions for autonomic dysreflexia, bowel and bladder after SCI, behavior management, cardiac stability, DVT, and 5 more common conditions.

Restorative Nursing: A Training Manual for Nursing Assistants
Linda Pierce, PhD CNS RN CRRN FAHA FAAN, Editor
List: $85  Member: $56  Item: 2022-260
This dynamic, interactive training tool is your essential resource to educate nurse assistants and nursing aides on the principles of restorative nursing.

Rehabilitation Nursing Documentation Pocket Guide
List: $52  Member: $32  Item: 2033-242
This pocket guide is an easy-to-use tool for nurses documenting rehabilitation care. Based on the ARN Standards and Scope of Rehabilitation Nursing Practice, the guide allows nurses to select which functional aspects from the standards can be documented to a specific patient.
Evidence-Based Rehabilitation Nursing: Common Challenges and Interventions (2nd ed.)
List: $95  Member: $50  Item: 2063-278
Focusing on the 17 most common rehabilitation challenges, this book presents available scientific evidence, an evaluation of the evidence, and implications for nursing practice.

CRRN® Review Flashcards
List Price: $95  Member: $60  Item: 2075-240
Your perfect study tool to prepare for the CRRN exam. Developed by CRRNs, the flashcards help you study domains and tasks that are based on the CRRN certification review content outline and dive deep into current knowledge of theory and practice. This is a must-have resource for nurses preparing for the CRRN exam.

CRRN® Practice Test*
List Price: $99
Newly revised and updated, the online CRRN practice test is designed to help you prepare for the exam in a format similar to the actual CRRN test. Developed using the exam content outline, the practice test contains 100 multiple-choice questions to help you assess your knowledge and identify areas for further review.

*Online purchase only at www.rehabnurse.org

Online Courses from ARN

Introduction to Rehabilitation Nursing Course*
Single User—List: $420  Member: $300  Item: 7126-240
Multi User (up to 10 users)—$2,400; (up to 20 users)—$4,200
This unique online program is designed for nurses who are new to rehabilitation setting. Develop your foundation in rehabilitation nursing knowledge or provide consistent yet flexible training for your staff. The dynamic format allows you to increase both comprehension and confidence in your knowledge. Special reporting features help educators assess future educational opportunities.
12 contact hours

Restorative Nursing Assistant Course*
Single User—List: $320  Member: $200  Item: 7134-240
Multi User (up to 10 users)—$1,600; (up to 20 users)—$2,800
Designed for nurse assistants working in long-term care settings including SNFs and subacute rehab, this online program provides consistent yet flexible core training in restorative nursing practice. Pair it with the Restorative Nursing Training Manual for a complete educational package.

Online Professional Rehabilitation Nursing (PRN) Course*
Single User—List: $590  Member: $345
Multi User (up to 10 users)—$2,700; (up to 20 users)—$4,800
This ultimate course for rehabilitation nurses provides you with the essential knowledge needed to deliver exceptional care to your patients. Taught by experts in the field, this online course delivers instruction on 26 rehabilitation principles, disorders, and patient/family education.
23 contact hours

*Online purchase only at www.rehabnurse.org

To order, call ARN at 800.229.7530 (U.S. only) or visit www.rehabnurse.org.
Additional Rehabilitation Resources

Rehabilitation Nursing: A Contemporary Approach to Practice
Kristen Mauk, PhD DNP RN CRRN GNCS-BC GNP-BC FAAN
List: $120 Member: $115 Item: 2037-240
This clinically focused text is designed to integrate rehabilitation into an academic curriculum to educate nurses new to the specialty. This text offers unique and expert insights from an interdisciplinary author team. Includes online access.

Lori Quinn, EdD PT; James Gordon, EdD PT
List: $63 Member: $58 Item: 2028-240
Ensure confident clinical decisions and maximum reimbursement in practice settings such as acute rehab, outpatient, home care, and skilled nursing facilities (SNFs).

Care Coordination: The Game Changer—How Nursing Is Revolutionizing Quality Care
Gerri Lamb, PhD RN FAAN, Editor
List Price: $80 Member: $75 Item: 2066-240
This fundamental resource offers today’s most comprehensive insights, case studies, and strategies to advance nursing’s role in care coordination and healthcare transformation.

Stroke Rehabilitation: A Function-Based Approach (4th ed.)
Glen Gillen, EdD ORT FAOTA
List: $120 Member: $115 Item: 2079-240
This essential text provides a holistic, application-based approach that integrates samples of current treatment techniques and treatment and intervention strategies for the management of stroke patients.

Traumatic Brain Injury
David X. Cifu, MD; Deborah Caruso, MD
List: $110 Member: $105 Item: 2031-240
This quick reference provides practical information for practitioners on the front lines. Early intervention in traumatic brain injury is needed to improve patient outcomes.

Spinal Cord Injury
Thomas N. Bryce, MD; Ralph Buschbacher, MD
List: $110 Member: $105 Item: 2035-240
This quick reference addresses more than 100 topics related to spinal cord injury and is a handy reference for the busy practitioner.

Pediatrics
Maureen R. Nelson, MD; Ralph Buschbacher, MD
List: $110 Member: $105 Item: 2036-240
A quick reference that addresses the diverse diseases, injuries, complications, and other problems commonly seen by practitioners working to restore function to children with disabilities.

Safe Patient Handling
5 Easy Steps to Prevent Falls: The Comprehensive Guide to Keeping Patients of All Ages Safe
List: $30 Member: $25 Item: 2066-240
This is an essential, comprehensive, user-friendly guide for all practicing nurses working in hospitals, long-term care, or other healthcare organizations. It includes color photographs that highlight high-risk areas for falls and injury potential, along with educational tips on how nurses can prevent falls and teach patients to do so as well.

For detailed product descriptions, visit www.rehabnurse.org.
To order, call ARN at 800.229.7530 (U.S. only) or visit www.rehabnurse.org.

ARN and CRRN Member Pins

ARN Pin
List: $25 Item: 6004-240
Distinguish yourself as a member of the ARN community with an ARN member pin. It also makes a great gift!

CRRN Pin
List: $27.50 Item: 6005-610
Display your certification proudly with this gold-toned CRRN pin. Only current CRRNs are eligible to wear this pin.

Rehab Essentials CD-ROM Series*

Top 5 Sellers

Certification Review for Rehabilitation Nurses
List: $302 Member: $297
Item: 1011-240 | Single User
This intermediate course helps rehabilitation nurses prepare for the CRRN exam. Quizzes, games, practice tests and test-taking strategies are integrated throughout the course. 42.5 contact hours

Introduction to Rehabilitation Nursing
List: $104 Member: $99
Item: 1017-240 | Single User
Start new hires off with information on rehab philosophy, team members, regulations, and patient populations for whom they will be providing care. 8.7 contact hours

Rehabilitation of Spinal Cord Injury
List: $104 Member: $99
Item: 1027-240 | Single User
Designed to introduce the intermediate-level nurse to spinal cord rehabilitation, this course covers etiology and pathophysiology, functional patterns of recovery, therapeutic interventions, and more. 8.4 contact hours

Rehabilitation of Stroke
List: $104 Member: $99
Item: 1029-240 | Single User
Designed to introduce the intermediate-level nurse to stroke rehab, this course covers etiology and pathophysiology, functional patterns of recovery, therapeutic interventions and more. 7 contact hours

Rehabilitation of Brain Injury
List: $104 Member: $99
Item: 1031-240 | Single User
This course helps the intermediate-level nurse integrate with other disciplines when caring for patients who have sustained a brain injury. 7 contact hours

Get Going! Mobilize Your Patients
List: $104 Member: $99
Item: 1042-240 | Single User
Targeted toward nurses new to rehabilitation, this course addresses therapeutic positioning, fall prevention, transfers, bed mobility, ambulation, and more. 7 contact hours

Go HOM: Preventing Complications from Immobility
List: $54 Member: $49
Item: 1040-240 | Single User
This entry-level course focuses on reducing the risks of complications from immobility and teaching patients preventative self-care to reduce long-term consequences of immobility. 4.1 contact hours

Take Care! Safe Patient Handling Works
List: $54 Member: $49
Item: 1007-240 | Single User
Protect yourself and your patients. This course guides the caregiver to address the patient’s functional problems through the use of safe patient-handling techniques and good clinical decision making. 3.4 contact hours

Apple a Day... Nutrition & Dysphagia Management (2nd ed.)
List: $104 Member: $99
Item: 1044-240 | Single User
Promote good nutrition and a high fiber diet to patients with Dysphagia. Quickly determine your patient’s nutritional risk. 9.7 contact hours

He Said/She Said? Disorders of Communication, Speech & Language
List Price: $64 Member: $59
Item: 1047-240 | Single User
Understand the pathophysiology and promotion of safe communication strategies and the need for consistent and effective intervention by all team members to improve functional communication. 9.7 contact hours

*CDs are for use with Windows only. MAC versions are available by special order.
For detailed product descriptions, visit www.rehabnurse.org.

**Fast Facts Series**

- **Gotta Go Right Now! Bladder Management in Rehabilitation**
  - List Price: $40
  - Member: $35
  - Item: 2071-240 | Single User
  - A novice- to intermediate-level course that provides a holistic approach to solving bladder management problems. **8.7 contact hours**

- **Full of It! Bowel Management in Rehabilitation**
  - List: $114
  - Member: $109
  - Item: 1003-240 | Single User
  - This novice- to intermediate-level course provides a review of bowel physiology for focused assessments used to identify bowel management problems. **8.1 contact hours**

- **Not Documented, Not Done**
  - List: $54
  - Member: $49
  - Item: 1048-240 | Single User
  - Expand your understanding of CMS and FIM® standards and regulations so that documentation becomes a professional skill instead of a chore. Learn how to document to meet regulatory, accreditation, and professional rehabilitation nursing standards. **5.6 contact hours**

- **Care Planning**
  - List: $54
  - Member: $49
  - Item: 1050-240 | Single User
  - The key message of the course is the use of the care plan to facilitate successful transitions through patient/family caregiver skill development, emphasizing attention to safety, prevention of complications, and ongoing functional improvement. **4 contact hours**

- **Fast Facts for Stroke Care Nursing: An Expert Guide in a Nutshell**
  - List Price: $40
  - Member: $35
  - Item: 2071-240

- **Fast Facts for the Gerontology Nurse: A Nursing Care Guide in a Nutshell**
  - List Price: $40
  - Member: $35
  - Item: 2072-240

- **Fast Facts for the Long-Term Care Nurse: A Guide for Nurses in Nursing Homes and Assisted Living Settings**
  - List Price: $40
  - Member: $35
  - Item: 2081-240

- **Fast Facts About Pressure Ulcer Care for Nurses: How to Prevent, Detect, and Resolve Them in a Nutshell**
  - List Price: $40
  - Member: $35
  - Item: 2070-240

- **Fast Facts for Wound Care Nursing: Practical Wound Management in a Nutshell**
  - List Price: $40
  - Member: $35
  - Item: 2076-240

**Rehab Essentials CD-ROM Series (continued)**

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