ARN Nursing Resource Collection

Look Inside for essential rehabilitation nursing resources for all levels and practice settings.

$8.99 flat-rate shipping (up to 5 items)
ARN Nursing Resource Collection

The ARN Nursing Resource Collection will keep you informed about rehabilitation nursing concepts and current practices. Learn rehabilitation nursing fundamentals and standards for providing quality rehabilitation and restorative care, or focus on specific injuries and conditions. Regardless of your practice setting, the ARN Resource Collection has the information you need and can help you work successfully with patients who have disabilities and chronic health problems. Whether you need rehabilitation nursing essentials, CRRN® prep materials, or continuing education opportunities, ARN is your source.

Resources Developed by ARN Experts

The Specialty Practice of Rehabilitation Nursing: A Core Curriculum (6th ed.)
Cynthia S. Jacelon, PhD RN-BC CRRN FAAN, Editor
List: $167  Member: $117  Item: 2042-258
This 22-chapter text is a must for libraries and for individuals who are learning or teaching rehabilitation nursing or preparing for the CRRN exam. The new edition continues the tradition of previous editions by providing the fundamental information nurses should know to practice rehabilitation in any setting. With updated science and references, there is a focus on current practice with an eye toward the future.

Standards and Scope of Rehabilitation Nursing Practice (6th ed.)
ARN's Standards & Scope of Rehabilitation Nursing Practice (6th ed.) describes the competency level of professional nursing care and practice common to all rehabilitation nurses engaged in clinical practice. It applies to the care provided to all clients in every setting. This book is an essential document for nurses practicing rehabilitation nursing and a valuable reference tool for nurse managers and administrators.
This newly updated edition includes updated terminology and assumptions about rehabilitation nursing as well as revisions to the role of the generalist and basic rehabilitation nursing practice and the advanced practice registered nurse's role in rehabilitation nursing.

Rehabilitation Nursing Concept Cards
List: $30  Member: $25  1 set of 10 cards
List: $75  Member: $60  5 sets of 10 cards  Item: 2056-240
Share important rehabilitation nursing concepts with new hires, float nurses, or colleagues outside of a rehabilitation setting with these quick reference cards. Each card includes the description, signs and symptoms, and interventions for the following conditions: autonomic dysreflexia, behavior management, bowel and bladder after SCI, cardiac stability, deep vein thrombosis prevention, dysphagia, mobility, neurogenic bowel and bladder, pain management, and prevention of wound complications.

Restorative Nursing: A Training Manual for Nursing Assistants
Linda Pierce, PhD CNS RN CRRN FAHA FAAN, Editor
List: $81  Member: $56  Item: 2022-260
This dynamic, interactive training tool can be used for all nursing assistants, restorative nursing assistants, and rehabilitation nursing aides. This revised manual provides essential basic training on the principles of restorative nursing and resources to aid instructors.
Rehabilitation Nursing Documentation Pocket Guide
List: $52  Member: $32  Item: 2033-242

The ARN Rehabilitation Nursing Documentation Pocket Guide, based on the ARN Standards and Scope of Rehabilitation Nursing Practice, serves as a tool for nurses when documenting care. It also allows nurses to pick and choose which functional aspects and topics from rehabilitation standards can be documented for a given patient.

Evidence-Based Rehabilitation Nursing: Common Challenges and Interventions (2nd ed.)
List: $75  Member: $50  Item: 2063-278

This popular resource highlights 17 common focus areas: the bowel, bladder, skin, communication, cardiovascular, autonomic and pulmonary, pain, dysphagia, cognition, self-care, mobility, intimacy and sexuality, nutrition, safety, energy conservation/sleep and fatigue, life span, metabolic syndrome, and community reentry. This new format presents the available scientific evidence, an evaluation of the evidence, and implications for practice to support evidence-based practice for rehabilitation nursing care today.

CRRN® Review Flashcards
List Price: $85  Member: $60  Item: 2075-240

ARN introduces the perfect tool to study for the Certified Rehabilitation Registered Nurse (CRRN) exam: CRRN Review Flashcards. These flashcards are written by CRRNs. Using these flashcards, nurses can study the domains and tasks based on the Certification Review Content Outline. The flashcards dive deep into the current knowledge of theory and practice in rehabilitation nursing and are a “must have” for your CRRN preparation.

CRRN® Practice Test*
This online practice test is designed to help candidates prepare for the Certified Rehabilitation Registered Nurse (CRRN®) examination in a format similar to the actual certification examination. Designed using the certification examination content outline as published in the candidate handbook, this practice test includes 100 multiple-choice questions.

*The CRRN practice test must be purchased online at www.rehabnurse.org using a credit card. Visit the ARN online bookstore for details.

Introduction to Rehabilitation Nursing Online Course*
Single User—List: $420  Member: $300  Item: 7126-240
Multi User—(up to 10 users) $2,400, (up to 20 users) $4,200

This unique online program is designed for nurses who are new to rehabilitation or who want to incorporate basic rehabilitation nursing concepts into their patient care in nonrehabilitation settings. This course is ideal for individual nurses seeking to develop a foundation in rehabilitation nursing and for units and facilities looking to provide consistent, flexible, and personalized rehabilitation nursing training for their staff. Nurses can earn a total of 12 contact hours of continuing nursing education credit.

*Please provide an e-mail address where you would like to receive a confirmation of purchase and instructions for how to access the online course.

Restorative Nursing Assistant Online Course*
Single User—List: $320  Member: $200  Item: 7134-240
Multi User—(up to 10 users) $2,800, (up to 20 users) $1,600

This unique online program is designed for nursing assistants working in long-term care and skilled nursing facilities. This course is ideal for facilities looking to provide consistent, flexible, and personalized core training to their nursing assistant staff and for individual nursing assistants seeking to develop a foundation in restorative nursing practice. Pair it with the Restorative Nursing Assistant Manual for a complete educational system.

*Please provide an e-mail address where you would like to receive a confirmation of purchase and instructions for how to access the online course.
Resources Developed by ARN Experts (continued)

Online Professional Rehabilitation Nursing (PRN) Course*
Single User—List: $500  **Member: $295**
Multi User (up to 10 users)—$1,995; (up to 20 users)—$3,495

The online Professional Rehabilitation Nursing (PRN) Course is designed for nurses new to rehabilitation nursing or who may float to rehabilitation units. It also provides a thorough overview of the rehabilitation specialty for experienced nurses studying to take the CRRN exam.

The Online PRN Course provides a comprehensive education in rehabilitation nursing concepts and clinical skills. Session slides are presented with voice-over instruction provided by expert faculty with clinical and teaching backgrounds. Essential knowledge and best practices for the rehabilitation nurse are taught in three modules covering 25 different topic areas. Each teaching module can be completed incrementally. Upon successfully completing the three posttests, students will earn 23 contact hours. Visit www.rehabnurse.org for a complete course description.

*This item must be purchased at the ARN online bookstore via download using a credit card.

ARN-CAT Free Tool for Members

The ARN-CAT is the perfect competencies assessment tool for nurse managers, administrators, educators, or case managers who need a simple way to evaluate staff competency in the basics of rehabilitation nursing. The tool is free for individual ARN members.

Non-members and facilities can purchase a 1-year subscription, beginning at $35 per user. Discounted multi-user packages are also available. If your facility is interested in purchasing a package, please contact ARN Member Services at 800.229.7530 for pricing information.

Does your facility already use the HealthStream learning management system? The ARN-CAT is also available for purchase via HealthStream. Contact HealthStream at http://store.healthstream.com or call 615.301.3100 for more information including pricing and purchasing terms.

Please visit the ARN website at www.rehabnurse.org for more information or to access or purchase the ARN-CAT.

Comprehensive Rehabilitation Nursing Resources

Rehabilitation Nursing: A Contemporary Approach to Practice
Kristen Mauk, PhD DNP RN CRRN GCNS-BC GNP-BC FAAN
List: $115 **Member: $110** Item: 2037-240

This clinically focused text is designed to integrate rehabilitation into an academic curriculum and to educate nurses new to the specialty. Evidence based and practical, this text offers unique and expert insights from an interdisciplinary author team, drawing from nursing; physical, occupational, and speech therapy; psychology; social work; nutrition; veterinary medicine; law; and business. Includes online access.

Gerontological Nursing: Competencies for Care (3rd ed.)
Kristen L. Mauk, PhD DNP CRRN GCNS-BC GNP-BC FAAN
List: $96 **Member: $91** Item: 2061-240

This comprehensive and student-accessible text offers a holistic and interdisciplinary approach to caring for the elderly. The framework for the text is built around the core competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. This new edition gives students the skills and theory needed to provide outstanding care for the growing elderly population. Key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.
Quick Reference to Wound Care: Palliative, Home, and Clinical Practices (4th ed.)
Pamela Brown, MEd BSN CWCN COCN
List: $84  Member: $79  Item: 2052-240
This resource provides healthcare professionals with the essentials for delivering the best wound care in a cost-effective manner. Updated to reflect current wound care treatments and products, it includes wound assessment, the healing process, the basics of wound management, topical treatments, and management of the major wound types.

Documentation for Rehabilitation: A Guide to Clinical Decision Making
Lori Quinn, EdD PT; James Gordon, EdD PT
List: $62  Member: $57  Item: 2028-240
Ensure confident clinical decisions and maximum reimbursement in a variety of practice settings such as acute care, outpatient, home care, and nursing homes with the only systematic approach to documentation for rehabilitation professionals. Revised and expanded, this textbook and workbook provide a unique framework for maintaining evidence of treatment progress and patient outcomes with a clear, logical progression.

Legal, Ethical, and Practical Aspects of Patient Care Documentation (4th ed.)
Ronald W. Scott, JD EdD MSBA PT LLM
List: $73  Member: $68  Item: 2044-240
This is the only text to integrate coverage of the legal responsibilities of rehabilitation professionals with basic, essential advice on how to effectively document patient care activities from intake through discharge. This resource thoroughly covers the basics of documentation and includes many exemplars, cases, and forms, as well as sample abbreviations used in rehabilitation settings. It covers all the bases, from ethics to practical aspects of patient care documentation to relevant and salient legal implications and illustrative case examples that will help students excel in practice. Even after graduation, this text is the perfect ready reference tool in the clinic.

Care Coordination: The Game Changer—How Nursing Is Revolutionizing Quality Care
Gerri Lamb, PhD RN FAAN, Editor
List Price: $80  Member: $75  Item: 2066-240
Care coordination has always been a primary duty of nursing. Care Coordination: The Game Changer offers today’s most comprehensive insights, case studies, and strategies to advance nursing’s role in care coordination and healthcare transformation. This text is the first book to show in clear, concise language how care coordination is positioned in the context of healthcare reform. Find out how nursing is revolutionizing quality care and how this impacts the national agenda for healthcare reform.

CMSA Core Curriculum for Case Management
Suzanne K. Powell, BSN RN CCM CPHQ; Hussein A. Tahan, DNSc RN CNA
List: $74  Member: $69  Item: 2010-240
This core body of knowledge for case management practice as delineated by the Case Management Society of America (CMSA) provides a “synthesis of case management evolution” and presents essential elements, concepts, and vision for current and future case management practice.
Comprehensive Rehabilitation Nursing Resources (continued)

Stroke Rehabilitation: A Function-Based Approach (3rd ed.)
Glen Gillen, EdD ORT FAOTA
List: $118  Member: $113  Item: 2034-240
Gillen’s Stroke Rehabilitation: A Function-Based Approach, (3rd ed.) has been extensively updated with the latest research in assessment and intervention. This essential text presents a holistic, application-based approach that integrates background medical information, samples of functionally based evaluations, and current treatment techniques and intervention strategies to help you confidently manage the growing number of stroke rehabilitation clients.

Neuromuscular Quick Pocket Reference
Rawa Jaro Araim, MD DO; Maryam Rafael Aghalar, DO; Lyn D. Weiss, MD
List: $40  Member: $35  Item: 2048-240
The Neuromuscular Quick Pocket Reference provides easy and efficient access to common physical examination techniques and other neurological tests performed in a broad range of specialties. Mainly composed of tables, charts, and photographs, this handy reference organizes the information that clinicians use on a daily basis. The first part of the book covers musculoskeletal physical exam by region. Each entry is formatted and includes test name(s), purpose, techniques, clinical findings for a positive test, sensitivity, specificity, and sources. Photographs showing proper placement and action accompany most entries and provide a visual blueprint for successfully replicating tests in the exam room. The second part of the book is devoted to common neurological tests and scales for on-the-go reference, including muscles, motor points, dermatomes and myotomes, spasticity findings, radiculopathies, traumatic brain injury assessment, stroke scales, pressure ulcers, and much more.

Traumatic Brain Injury
David X. Cifu, MD; Deborah Caruso, MD
List: $100  Member: $95  Item: 2031-240
With the growing awareness of the effects of traumatic brain injury (TBI) and the need for early intervention to ameliorate these effects and improve patient outcomes, there has been a demand for practical information for clinicians on the front lines. This reference manual provides the necessary knowledge the busy practitioner needs to deliver quality care to TBI patients.

Spinal Cord Injury
Thomas N. Bryce, MD; Ralph Buschbacher, MD
List: $100  Member: $95  Item: 2035-240
Spinal Cord Injury: Rehabilitation Medicine Quick Reference addresses more than 100 varied topics related to spinal cord injury, ranging from treatment of vocal fold paralysis or posttraumatic stress disorder to intrathecal pump management and paraplegia. This text is a handy reference for the busy practitioner.

Pediatrics
Maureen R. Nelson, MD; Ralph Buschbacher, MD
List: $100  Member: $95  Item: 2036-240
This text is organized into three sections, with the first part reviewing diagnostic considerations and testing and the final section highlighting special considerations such as aging with pediatric-onset disability and polytrauma. The bulk of the book catalogs the diverse diseases, injuries, complications, and other problems commonly seen by practitioners who work to restore function to children with disabilities and offers a quick reference guide for providing high-quality clinical care.

To order, call ARN at 800.229.7530 (U.S. only) or visit www.rehabnurse.org.
Evidence-Based Practice

Evidence-Based Practice for Nurses: Appraisal and Application of Research (2nd ed.)
Nola A. Schmidt, PhD RN CNE; Janet M. Brown, PhD RN
List: $113  Member: $108  Item: 2043-278

The second edition of Evidence-Based Practice for Nurses: Appraisal and Application of Research continues to serve as the definitive reference for transitioning research into nursing practice. Based on the innovation-decision process (IDP), each unit is shaped according to the five steps of the IDP: knowledge, persuasion, decision, implementation, and confirmation. This unique organizational approach combined with updated case studies and ethical principles allows the research process to be tangible and linked with strategies that promote advancement.

Safe Patient Handling

NEW 5 Easy Steps to Prevent Falls: The Comprehensive Guide to Keeping Patients of All Ages Safe
List: $30  Member: $25  Item: 2066-240

This is an essential, comprehensive, user-friendly guide for all practicing nurses working in hospitals, long-term care or other healthcare organizations. It includes color photographs that highlight high-risk areas for falls and injury potential, along with educational tips on how nurses can prevent falls and teach patients to do so as well.

The Illustrated Guide to Safe Patient Handling and Movement
Audrey L. Nelson, PhD RN FAAN; Kathleen Motacki, MSN BSN RN BC; Nancy Menzel, PhD RN PHCNS-BC COHN-S
List: $70  Member: $65  Item: 2025-281

Help reduce caregiver and patient injuries during patient handling with this evidence-based safe patient handling program system of guidelines.

ARN and CRRN Member Pins

ARN Pin
List: $25  Item: 6004-240

Distinguish yourself as a rehabilitation nurse to your colleagues and patients with the ARN member lapel pin. It makes a great gift!

CRRN Pin
List: $25  Item: 6005-610

Display your certification proudly by wearing your own gold CRRN pin. Featuring the new CRRN logo, the CRRN pin is a 1”-wide 3-dimensional brass pin with a sandblast gold recessed background, raised and polished gold letters and circles, and a standard clutch back. Only CRRNs are eligible to wear this pin.

To order, call ARN at 800.229.7530 (U.S. only) or visit www.rehabnurse.org.
Certification Review for Rehabilitation Nurses
List: $302  Member: $297
Item: 1011-240 | Single User
Designed to help rehabilitation nurses prepare for the Certified Rehabilitation Registered Nurse credentialing exam, this intermediate course addresses the professional practice of rehabilitation nursing, legal and ethical issues, psychosocial and community reentry issues, common rehabilitation patient diagnoses, and nursing care of rehabilitation patients. Integrated throughout the review are quizzes, games, practice tests, and test-taking strategies. 42.5 contact hours are available.

Introduction to Rehabilitation Nursing
List: $104  Member: $99
Item: 1017-240 | Single User
Start new hires off on the right foot by introducing them to the specialty’s philosophy, team members, regulations, and the patient populations for whom they will be caring. This first course in the Rehabilitation Nursing Series™ is designed to help those transitioning to this specialty practice learn why this is a specialty. It also provides a foundational understanding of the nursing practice behaviors utilized in rehabilitation care. 8.7 contact hours are available.

Gotta Go Right Now! Bladder Management in Rehabilitation
List: $114  Member: $109
Item: 1003-240 | Single User
Achieve continence and reduce the burden of care through a holistic approach to solving bladder management problems. This novice- to intermediate-level course provides a review of bladder physiology as a foundation for focused assessments used to identify both neurogenic and non-neurogenic bladder management problems. 8.7 contact hours are available.

Full of It! Bowel Management in Rehabilitation
List: $114  Member: $109
Item: 1005-240 | Single User
Promote bowel health and reduce the burden of care through a coordinated approach to solving bowel management problems. This novice- to intermediate-level course provides a review of bowel physiology as a foundation for focused assessments used to identify both neurogenic and non-neurogenic bowel management problems. 8.1 contact hours are available.

Rehabilitation of Brain Injury
List: $104  Member: $99
Item: 1031-240 | Single User
This course focuses on helping the intermediate-level nurse integrate with other disciplines when caring for patients who have sustained a brain injury. The various types of injuries, preventive behaviors, and community living following brain injury are presented in this CD-ROM. 7 contact hours are available.

*CDs are for use with Windows only. MAC versions are available by special order.
Get Going! Mobilize Your Patients
List: $104  Member: $99
Item: 1042-240 | Single User
This is a foundation course in the Rehab Nursing Series™. Targeted toward core skill development for those new to the specialty field of rehabilitation nursing or for use in reviewing integrated care strategies to improve functional mobility, this course addresses therapeutic positioning, fall prevention, bed mobility, transfers, wheelchair mobility, ambulation, and activity intolerance problems. 7 contact hours are available.

Go HOM: Preventing Complications from Immobility
List: $54  Member: $49
Item: 1040-240 | Single User
This beginner-level Rehab Nursing Series™ course focuses on reducing the risk of complications from immobility and teaching patients preventive self-care to reduce the long-term consequences of immobility. There is special emphasis on immobility-related changes in body systems, muscle tissue function, orthostatic hypotension, metabolic impacts, and prevention of pressure ulcers and VTE. 41 contact hours are available.

Take Care! Safe Patient Handling Works
List: $54  Member: $49
Item: 1007-240 | Single User
Protect yourself! Protect your patients! With an emphasis on personal responsibility and team coordination of care, this beginner-level course guides the caregiver to address the patient’s functional problems through the use of safe patient handling techniques and good clinical decision making, all targeted at helping patients achieve their goals. 3.4 contact hours are available.

Apple a Day... Nutrition & Dysphagia Management (2nd Edition)
List: $104  Member: $99
Item: 1044-240 | Single User
Wondering what they do in those swallow studies? Not sure how to promote good nutrition and a high-fiber diet to a patient with dysphagia? Need to know how to quickly determine your patient’s nutritional risk? This course is for you. 9.7 contact hours are available.

He Said/She Said? Disorders of Communication, Speech & Language
List Price: $64  Member: $59
Item: 1047-240 | Single User
This course is designed to facilitate interdisciplinary care of patients with communication disorders. Emphasis is on understanding pathophysiology and promotion of safe communication strategies. It also reviews the complexity of communicating with each other, provides a primer for the review of pathophysiology, and demonstrates the need for consistent and effective intervention by all team members to improve functional communication. 9.7 contract hours are available.

Rehabilitation of Stroke
List: $104  Member: $99
Item: 1029-240 | Single User
This course is designed to introduce the intermediate-level nurse to stroke rehabilitation and covers etiology and pathophysiology, anticipated recovery patterns, therapeutic interventions, community reentry, and caring for caregivers. Case studies are included. 7 contact hours are available.

Rehabilitation of Spinal Cord Injury
List: $104  Member: $99
Item: 1027-240 | Single User
This course is designed to teach the intermediate-level nurse key concepts and covers etiology and pathophysiology, functional patterns of recovery, therapeutic interventions, and community reentry. Case studies are included. 8.4 contact hours are available.

If you are interested in purchasing a Unit or Multi-Unit/Multi-Site License, please contact us at 800.229.7530 for a price quote.
Fast Facts Series

**Fast Facts for Stroke Care Nursing: An Expert Guide In a Nutshell**
List Price: $35  **Member: $30**  Item: 2071-240
This highly practical, pocket-sized reference for stroke care nurses provides quick, bedside access to the most current guidelines for diagnostic tests, state-of-the-art treatments, and best-practice standards. This resource distills lengthy and often complex national stroke care guidelines into clear, bite-size pieces of information. It also explains the rationale behind stroke standards, making them easier to embrace and incorporate into practice.

**Fast Facts for the Gerontology Nurse: A Nursing Care Guide in a Nutshell**
List Price: $35  **Member: $30**  Item: 2072-240
This convenient and easy-to-use pocket-sized reference provides gerontology nurses with the foundational knowledge they need to provide all aspects of safe, effective care to older patients. It contains crucial evidence-based information that enables nurses to differentiate between normal and abnormal findings, understand the presentation and management of common diseases of the gerontologic population, and integrate age-specific considerations into care planning and implementation with older adults. Pervading the resource is a holistic approach that considers all facets of the individual: physical and mental health, emotional and spiritual well-being, self-care, family relationships, and unique risks for this population.

**Fast Facts About Pressure Ulcer Care for Nurses: How to Prevent, Detect, and Resolve Them in a Nutshell**
List Price: $35  **Member: $30**  Item: 2070-240
This guide will assist nurses with improving outcomes for patients with pressure ulcers and provide strategies for decreasing pressure ulcer occurrence within a facility. Using the easy-to-read, quick-access *Fast Facts* style, the book presents guidelines for assessing, preventing, and treating pressure ulcers; for establishing an ulcer reduction program; and for increasing reimbursement.

**Fast Facts for Wound Care Nursing: Practical Wound Management in a Nutshell**
List Price: $40  **Member: $35**  Item: 2076-240
This guide encompasses the multitude of new healing technologies and presents important breakthroughs in understanding why some wounds don't heal. Each chapter builds, step-by-step, on the essential principles of wound care such as wound assessment and documentation, the spectrum of wounds from simple to complex, wound treatment guidelines and protocols, and the legal aspects and regulations surrounding wound care. This user-friendly guide organizes the vast amount of information on wound care products and eases the complexity of wound management.

To order, call ARN at 800.229.7530 (U.S. only) or visit [www.rehabnurse.org](http://www.rehabnurse.org).
# ARN Publications and Products Order Form

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ARN Membership
As a rehabilitation nurse, you go above and beyond in caring for your patients every day. When you join ARN, you are taking another meaningful step toward becoming the best rehabilitation nurse you can be. Working with our members, ARN supports you by providing the largest variety of professional resources, educational opportunities, networking, and health policy advocacy in rehabilitation nursing.

Members receive discounted pricing for purchases in the bookstore. Visit the ARN website at www.rehabnurse.org for membership benefits and details.

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